

## **CRISIS HOTLINES & SHELTERS**

- **National Suicide Prevention Lifeline**  
– **(800) 273-TALK (8255)**
- **Suicide Prevention Resource Center** – **(877) 438-7772**
- **Veterans Crisis Hotline** – **(800) 273-8255 & PRESS 1**
- **TeenLife Line** – **(800)248-TEEN (8336)**
- **Maricopa Crisis Response Network /  
Mercy Maricopa Integrated Care  
(Mental Health Crisis)**  
– **(800) 631-1314 OR (602) 222-9444**
- **LGBTQ Crisis Line – Q Line** **(480) 736-4925**
- **Trans Lifeline** – **(877) 565-8860**
- **Senior Help Line** – **(602) 264-HELP**

## **DOMESTIC VIOLENCE VICTIMS**

- **National Domestic Violence Hotline**  
- **(800) 799-SAFE (7233) / (800) 787-3224 (TTY)**
- **Rape, Abuse & Incest National Network**  
– **(800) 656-HOPE (4673)**
- **National Teen Dating Abuse Hotline – (866) 331-9474**
- **Child Help National Hotline (Child Abuse)**  
– **(800) 4-A-CHILD OR (800) 422-4453**
- **Children & Social Services in Phoenix**  
– **(602) 262-4520**
- **Terros**  
**(Mental/Medical/STI/Crisis & Prevention Services)**  
- **(602) 685-6000**
- **HIV/AIDS Counseling & Testing Sites**  
– **(602) 307-5330**
- **Alcoholic Anonymous – (602) 264-1341**

## **EMERGENCY SHELTERS**

- **Crisis Nursery Shelter**  
**(Youth Shelter & Safe House for 10 & under)**  
**– (602) 273-7364**
- **QTs and Valley Metro Light Rail Stops are designated as SAFE PLACES for 13-17 year olds in Crisis**  
**OR TEXT “Safe” and your address to 69866 to find nearest location**
- **Sojourner Center (for Women & their children)**  
**Metro Phoenix (602) 244-0089 / (602) 889-1610 (TDD)**  
**Out of Town – (888) 886-8793 / (888) 886-8794 (TDD)**
- **New Life Center – (623) 932-4404**
- **StreetLightUSA 24/7 Hotline**  
**(for young girls up to 17-year-old)**  
**– (855) 435-0900**
- **Phoenix Rescue Mission Men's Emergency Shelter**  
**- (602) 233-3000**

## **SEXUAL VIOLENCE & ASSAULT**

- **Family Advocacy Center Services (FAC)**

==> ***Medical Forensic Exam/RAPE KIT***

***This procedure is FREE to victims.***

**\*\*\* FACs are the only places that provide medical forensic exams, NOT hospitals!! Emergency Rooms only provide regular medical exams.**

**Forensic exams *MUST BE DONE within 120 hours (5 days) from the time of assault.***

**Call the FAC: (602) 534-2120 OR (888) 246-0303**

### **IMPORTANT:**

**If you feel like this is a life-threatening emergency or you are not finding the number that seems to fit your emergency need, CALL 911.**